



**Lefapha La Botsepamisi
Umnyango Wezokulungisa Izimilo
Department of Correctional Services
Department van Korrektiewe Dienste**

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REF:15/4/6

ENQUIRIES: MRS.S.B. KHAN

DATE:2009/06/04

To: Whom it May Concern

RE: RATE 1 COACHING / LIFE SKILLS PROGRAMME

This serves to confirm that Rate 1 Coaching facilitated by Mark Alexander Linley has carried out a comprehensive Life Coaching course with offenders in the Medium C Section of the Durban Westville Prison as a pilot project.

The course covered two full days, with a follow-up interview carried out by Mark Linley in one-on-one meetings with each of the offenders six weeks thereafter.

As the Department of Correctional Services, we have assessed the work carried out and are of the opinion that the Rate 1 Coaching is a professional operation offering a Course that is extremely well prepared and delivered, and we are most pleased with the positive results shown by all those who attended the workshop.

The Department of Correctional Services plan to continue with further Rate 1 Coaching courses expanding throughout the Durban Management Area in order that as many as possible are afforded the opportunity to benefit from all that the Rate 1 Coaching Course offers.

In conclusion, I would welcome contact from anyone wishing to discuss this matter.

Thank You.

Z.E. Dlamini.

**Area Co-coordinator: Social Work Services
Durban Management Area.**

